

PRE TRYOUT CLINICS



WEEK #1 : FINE TUNING & BREAKING BAD HABITS

5 Day Clinics – April 11th to April 15th

REP DEVELOPMENT CLINIC (House League & Select)

ELITE DEFENCE CLINIC (A, AA, AAA)

ELITE EDGES & PUCK CONTROL (A, AA, AAA)

WEEK #2 : CONDITIONING & TRYOUT PREP

4 Day Clinics – April 18th to April 21st

GOALTENDING CLINIC

ELITE DEFENCE CONDITIONING (A, AA, AAA)

CONDITIONING & TRYOUT PREPARATION (A, AA, AAA)

BODY CHECKING & CONTACT CONFIDENCE (A, AA, AAA)

MORE INFORMATION CAN BE FOUND IN THE BROCHURES

Register online:
www.ntrcanada.com