What a better way to improve your hockey skills in the off-season with the best dry land training the game has to offer.

The [South Simcoe Ball Hockey League](http://www.southsimcoebhl.com/) uses full indoor city rinks and runs its season from mid April to late June.

We are the only league that is registered as a NOT FOR PROFIT organization in the city and are currently proud members of the [OBHF](http://ontarioballhockeyfederation.ca/) (Ontario Ball Hockey Federation).

We are also the only league that is recognized by the [OHF](http://www.ohf.on.ca/) (Ontario Hockey Federation) and [Hockey Canada](http://www.hockeycanada.ca/en-ca) and has the support of BMHA (Barrie Minor Hockey Association)

Players enrolled in our program will increase their ability to read the play while developing stickhandling creativity. They will improve on their hand-eye coordination while building strength and increasing their cardio ability.

 We currently offer the following co-ed divisions

·        U7 – 2014-2015 (Innisfil Only)

·        U9 – 2012-2013

·        U11 – 2010-2011

·        U13 – 2008-2009

·        U15 – 2006-2007

·        U19 – 2002-2005

All our divisions with the exception of Squirt will receive a Jersey, Shorts and Socks whereas the Squirts will only receive a Jersey.

While we offer a houseleague recreation of play for everyone our more talented individuals will also have the opportunity of being selected for the **Barrie** provincial team, which will compete at the South Simcoe Championships and the OBHF Provincials later in the season. At those events there may also be the possibility of being scouted for one of the CBHA [Junior Team Canada](http://jtcballhockey.ca/) teams (U15, U17 and U19)

For more information regarding our program please visit us at [South Simcoe Ball Hockey](http://www.southsimcoebhl.com/) or send email and us at southsimcoebhl@gmail.com. We can also be searched on the more popular social media websites like Facebook and Twitter (@BarrieBallHKY)(@SSBHL)

The South Simcoe Ball Hockey League continues to offer high school community service, and volunteer hours. We will also be offering referee certification clinics in early April for children and adults who wish to earn extra money in the summer months.