

ABOUT OUR PROGRAMS

National Training rinks is a full service facility and our primary commitment is to provide the best quality hockey and skating instruction at affordable rates. We have designed our ice surfaces, programs and staffing to meet this commitment.

From skill development to skill improvement, our programs provide an opportunity for a player to acquire new skills, reinforce existing ones and build confidence in a safe and enjoyable environment.

SPECIALTY CLINICS

HOCKEY SKILLS COMBINE

Get a jump on the season! A unique program touching on multiple aspects of individual skill development. (10 week program starting Sept. 8th and ending Nov. 10th 2015)

COST: \$239.00

DAY	TIME	LEVEL
Tuesday	5:30 pm - 6:30 pm	10+ HL/Select
Tuesday	6:30 pm - 7:30 pm	8+ Rep

Course outline:

Week 1 & 2 - Stride and Edges	Week 7 - Game Situations
Week 3 & 4 - Puck Skills	Week 8 - Small Area Games
Week 5 - Shooting	Week 9 - Battle & Compete
Week 6 - Quick Feet/Shooting	Week 10 - Putting it together

HOCKEY 101

For 1st or 2nd year House League players. Get a condensed 4 week course to help refresh and build individual skills. Be prepared for your upcoming season. (4 week program starting Sept. 9th and ending Sept. 30th 2015)

COST: \$99.00

DAY	TIME	LEVEL
Tuesday	7:00 pm - 8:00 pm	8+
Wednesday	6:00 pm - 7:00 pm	5 - 8 years
Wednesday	7:00 pm - 8:00 pm	9+

SKILL DEVELOPMENT PROGRAMS

All of the following programs are 15 weeks & begin the week of Tuesday September 8th, 2015.

All programs are 1 hour unless otherwise indicated. Ice resurfacing is part of the hour.

All prices are plus HST.

Last day of classes is Monday, December 21st, 2015.

LEARN TO SKATE

AGES: 3 - 7 yrs **COST:** \$349.00

DAY	TIME
Tuesday	5:00 pm - 6:00 pm
Wednesday	5:00 pm - 6:00 pm
Friday	4:30 pm - 5:30 pm
Saturday	8:30 am - 9:30 am
Saturday	9:30 am - 10:30 am
Saturday	5:00 pm - 6:00 pm
Sunday	10:00 am - 11:00 am
Sunday	11:00 am - 12:00 pm

An introduction to the basic skills of skating. Children will be split up into groups based on their skating level.

SKATING DEVELOPMENT FOR YOUTH

AGES: 8+ **COST:** \$349.00

DAY	TIME
Saturday	10:30 am - 11:30 am
Sunday	12:00 pm - 1:00 pm

The program is designed for the older child with limited skating experience and will introduce and reinforce various skating techniques.

LEARN TO PLAY HOCKEY

AGES: 5 - 7 yrs **COST:** \$349.00

DAY	TIME
Wednesday	4:30 pm - 5:30 pm
Sunday	4:00 pm - 5:00 pm

For children that can skate. They will learn the fundamentals of hockey, wearing full hockey equipment.

HOCKEY DEVELOPMENT FOR YOUTH

AGES: 8+ **COST:** \$349.00

DAY	TIME
Wednesday	5:30 pm - 6:30 pm

For older children with little or no hockey experience and who are looking to advance their level of play. Must be able to skate in a competent manner. Skating Development program is recommended.

POWER SKATING

AGES: 7+ **COST:** \$349.00

LEVEL	DAY	TIME
Level 1 & 2	Friday	6:00 pm - 7:00 pm
Level 1	Saturday	6:00 pm - 7:00 pm
Level 2	Saturday	7:00 pm - 8:00 pm

High level instruction focusing on advanced techniques, balance, stride and recover, edge control and agility.

GIRLS HOCKEY DEVELOPMENT

AGES: 8+ **COST:** \$349.00

DAY	DATE
Friday	7:00 pm - 8:00 pm

This program is focused on all areas of a players individual skills development. Skating, passing, puck control and shooting will all be covered.

JR. POWER SKATING & PUCK CONTROL

AGES: 6 - 7 yrs **COST:** \$326.00

DAY	DATE
Monday	5:00 pm - 6:00 pm

For the younger, more experienced player who is looking to take their game to the next level. This program is excellent for skating development and puck control. (NO CLASS MONDAY, OCTOBER 12TH)

ULTIMATE SCORER

AGES: 8 - 13 yrs **COST:** \$349.00

DAY	DATE
Tuesday	6:00 pm - 7:00 pm
Thursday	4:30 pm - 5:30 pm

Specialized skills related to shooting, dangling and scoring.

ELITE DEFENCE SKILLS

AGES: 7 - 13 yrs **COST:** \$349.00

(Rep players only A, AA, AAA)

DAY	DATE
Tuesday	4:30 pm - 5:30 pm

Main focus of this program will be on, Defensive Concepts & Strategy, Battle drills, Reading, Reacting and Decision making. Will also touch on individual defensive skills improvement.

For more detailed information on our programs please visit:
ntrcanada.com/barrie
or call 705.722.5752

SKILLS IMPROVEMENT & 3 ON 3 HOCKEY

COST: \$459.00

AGE	DAY	TIME
2007/08	Sunday	5:00 pm - 6:30 pm
2005/06	Sunday	4:30 pm - 6:00 pm
2004+	Sunday	6:00 pm - 7:30 pm

A unique concept - 45 minutes of skill development and a 45 minute game of 3 on 3 hockey. (Start date Sept. 13th, 2015)

P.A. DAY PROGRAMS

COST: \$79 **2 FOR:** \$149

Oct. 23, 2015 • Nov. 13, 2015 • Nov. 20, 2016

Our P.A. Day Hockey Skills Development Program at the NTR has grown to become one of our main programs throughout the school year. Drop off 8:30 am / Pick up 4:00 pm. 3 hours of ice time & off ice activities, includes lunch.

PRIVATE & SMALL GROUP INSTRUCTION

Lessons	1 player	2 players	3 players	4 - 6 players
1	\$ 119	\$ 170	\$ 185	\$ 240
5	\$ 550	\$ 750	\$ 825	\$1050
10	\$1000	\$1400	\$1500	\$1900

(All prices are plus HST)

Call for details: (705) 722-5752
or email dave@ntrcanada.com

CHRISTMAS CLINICS

December 21st - December 31st

Learn to Play Hockey
Jr. Ultimate Scorer
Power Skating & Hockey Skills
Elite Forward Skills
Elite Defence Skills
Goaltending Clinic

CHRISTMAS
3 on 3 TOURNAMENTS

December 21st - December 31st

ntrcanada.com/barrie for more information

Registration Form

Name: _____

Parent's Name: _____

Address: _____

City: _____ PC: _____

Home Ph #: _____ Cell #: _____

Email: _____

Program: _____

Time: _____

Date of Birth: _____
(Day / Month / Year)

Method of Payment:
Debit Cash Cheque N.B. All prices are plus HST

Visa / MC #: _____

Expiry Date: _____ Security Code: _____

Waiver of Liability: The student applicant on the application and his/her parents/guardians agree that the National Training Rinks (N.T.R.), shall not be held responsible for any injury, loss or damage whatsoever occurring to the participant while he/she is in attendance at N.T.R. programs or including while he/she is within the premises occupied by N.T.R.

I/We acknowledge and agree that N.T.R. Reserves the sole and exclusive right to use any photographs or videos taken during the program for advertising and/or instructional purposes, without cost or charge to N.T.R. And that I/We consent to photographs or videos being taken for the purposes contained herein.

I/We consent to his/her or my attendance on the terms of this waiver of liability or in the case of a guardian of a person under 19 years of age grant our consent to the terms of this waiver.

I/We acknowledge reading this Application and Declaration and understand the conditions contained herein and agree to abide by all terms.

Date: _____

Signature: _____

Print Name: _____

National Training Rinks

120 Big Bay Point Road
Barrie, Ontario L4N 9B4

Phone: (705) 722-5752 Fax: (705) 722-4601

Visit us at: www.ntrcanada.com

ADULT PROGRAMS

ADULT LEARN TO SKATE

DAY	TIME	COST
Tuesday	7:30 pm - 8:30 pm	\$239.00

For the adult skater with limited ability. Learn the basics in a fun and positive environment.

(10 week program starting Sept. 8th and finishing Nov. 10th 2015)

ADULT NEVER TOO LATE SKILLS

DAY	TIME	COST
Tuesday	8:30 pm - 9:30 pm	\$349.00

For the beginner level hockey player looking to improve their overall hockey skills. Each session will consist of 30 minute lesson and a 20 minute game of 3 on 3

(15 weeks beginning Sept. 8th and ending Dec. 15th, 2015)

ADULT HOCKEY SKILLS INTERMEDIATE / ADVANCED

DAY	TIME	COST
Tuesday	9:30 pm - 10:30 pm	\$349.00
Wednesday	12:00 pm - 1:00 pm	\$299.00
Friday	6:30 am - 7:30 am	\$299.00

A Co-Ed program for the Intermediate to Advanced level player looking to improve their existing overall hockey skills. (15 weeks beginning Sept. 8th and ending Dec. 15th, 2015)

ADULT SKILLS & 3 ON 3 HOCKEY

DAY	TIME	COST
Wednesday	8:00 pm - 9:30 pm	\$459.00
Sunday	7:30 pm - 9:00 pm	.\$459.00

30 minutes Powerskating
30 minutes Skill Development
30 minutes Scrimmage

GOALTENDING PROGRAMS

COST: \$459.00

LEVEL	DAY	TIME
House League	Thursday	6:00 pm - 7:00 pm
Rep	Thursday	7:00 pm - 8:00 pm

Under the direction of Greg Redquest this program will focus on a wide range of goaltending specific skills. Greg is currently the Head Goalie Coach for the OHL Owen Sound Attack. Greg is also available for Private and Small Group lessons.

PROFESSIONAL EXPERTISE

At National Training Rinks all of our training and instruction has been developed with the expertise of over 50 years of NHL and high level coaching and instructional experience.

Mike Gartner, NHL Hall of Famer and **Wes Jarvis**, retired NHL player, developed and expanded NTR's unique approach to hockey instruction from beginners to elite hockey players.

This tradition of quality instruction is available at our Barrie facility. **Dave Patriquin** is the Facility Manager and has been in the industry for over 12 years, 8 years with the National Training Rinks family.

PHILOSOPHY AND PROGRAM

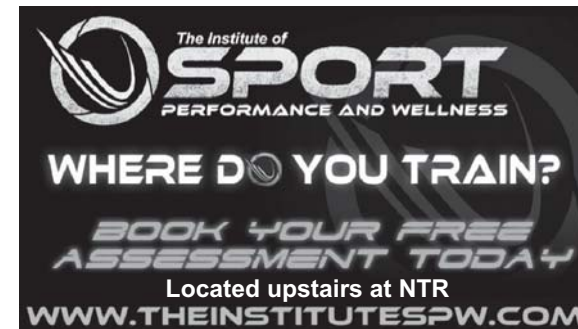
National Training Rinks delivers a unique, proven learning experience in programs from Learn to Skate to Elite specialized hockey development.

We strongly believe our unique rink design enables a higher degree of learning at all levels. Learning in a small environment creates faster/better skill development.

We are also committed to more personalized instruction which is achieved through **SMALLER CLASS SIZES**. Our programs have a maximum class size of 22 students. Smaller class size allows for more individual attention and a higher rate of drills.

NTR GUIDELINES AND POLICIES

- Ice resurfacing is part of the scheduled time.
- Participants may only attend classes on the day they are registered.
- NTR reserves the right to cancel or re-schedule any class due to enrollment.
- NTR reserves the right to move participants to the appropriate class for their skill level.
- Payment in full must be made at time of registration.
- A \$25 returned cheque (NSF) fee will be charged.
- If a participant needs to withdraw from a program for any reason, NTR will provide a full credit that can be used for any NTR activity. If the participant requires a refund there will be a 10% administration fee charged. No refunds will be issued after the third class of the program.
- All programs require participants to wear a helmet with full facial protection. No exceptions.
- NTR is not responsible for lost, stolen or vandalized items.



National Training Rinks

“Not Just Another Arena”

Fall 2015 Programs

(705) 722-5752

dave@ntrcanada.com

ted@ntrcanada.com

Visit us at:
ntrcanada.com

**120 Big Bay Point Road
Barrie, Ontario L4N 9B4**