

SUMMER CAMPS

HOCKEY CAMP

National Training Rinks Camps are designed with the emphasis on skill development and fun. Each day will include four hours of on ice instruction as well as a variety of other activities.

ACTIVITIES INCLUDE

- ball hockey • soccer • flag football • basketball • agility drills

BOYS & GIRLS AGES 6 - 13 YEARS

Groups will be divided based upon age. Each group will have a head instructor and junior instructor with them for all activities.

DATES AVAILABLE

July 2, 3, 4 (3 day) • July 7 - 11 • July 14 - 18 • July 21 - 25

• July 28 - August 1 • August 25 - 29

Drop off is at 8:30 am and pick up is at 5:00 pm. • Lunch is provided daily

Cost: One week \$399.00 Three day \$239.00

HOCKEY / GOLF CAMPS

Each day will include 2 hours of on ice instruction Golf includes instruction at Cedar Link Golf Centre and 2 rounds of golf at Innisbrook Golf Course.

BOYS & GIRLS AGES 7 - 14 YEARS

DATE	TIME	COST
July 2, 3, 4 (3 day)	8:30 am - 4:00 pm	\$249.00
July 28 - Aug 1	8:30 am - 4:00 pm	\$409.00
Aug. 5 - 8	8:30 am - 4:00 pm	\$329.00

- Lunch provided daily • NTR golf shirt included in registration

STICKHANDLING/SHOOTING CAMP

BOYS & GIRLS AGES 7 - 14 YEARS

DATE	TIME	COST
July 7 - 11	8:30 am - 5:00 pm	\$399.00
July 14 - July 18	8:30 am - 5:00 pm	\$399.00

Camp includes 4 hours of on ice instruction and off ice activities.

Drop off is at 8:30 am and pickup will be at 5:00 pm

Lunch provided daily.

½ DAY SKILLS CAMP

BOYS & GIRLS AGES 7 - 14 YEARS

DATE	TIME	COST
July 21 - 25	9:00 am - 12:00 pm	\$319.00
July 28 - Aug 1	9:00 am - 12:00 pm	\$319.00
Aug 25 - 29	9:00 am - 12:00 pm	\$319.00

Camp will include 1.5 hours of powerskating and 1.5 hours of puck control, passing & shooting.

Drop off is at 8:30 am and pickup will be at 12:30 pm

ULTIMATE SCORER CAMP

BOYS & GIRLS AGES 7 - 14 YEARS

DATE	TIME	COST
July 2 - 4	8:30 am - 5:00 pm	\$239.00
Aug 5 - 8	8:30 am - 5:00 pm	\$319.00

Camp will include 4 hours of on ice instruction and off ice activities.

Drop off is at 8:30 am and pickup will be at 5:00 pm.

Lunch provided daily

GIRLS ½ DAY ELITE SKILLS DEVELOPMENT CAMP

AGES 9 - 14 YEARS

DATE	TIME	COST
Aug 25 - 29	9:00 am - 12:00 pm	\$319.00

Camp will include Powerskating and Puck Control, Passing & Shooting. Drop off is at 8:30 am and pickup will be at 12:30 pm.

HOCKEY DEVELOPMENT

JR. POWERSKATING AND PUCK CONTROL

AGES	DATE	TIME	COST
6 - 8 yrs	Aug 18 - 22	7:00 pm - 8:00 pm	\$129.00

This program is designed for the young more experienced player who is looking to take their game to the next level. This program will introduce the player to the techniques of powerskating and puck control.

POWERSKATING AND PUCK CONTROL

AGES	DATE	TIME	COST
9 - 12 yrs	Aug 11, 12, 13, 15	8:00 pm - 9:00 pm	\$105.00

This program is for the older player looking to take their game to the next level. Emphasis is placed on powerskating and puck control.

HOCKEY DEVELOPMENT FOR BEGINNERS

AGES	DATE	TIME	COST
8 yrs & up	Aug 5 - 8	4:30 pm - 6:00 pm	\$159.00

This program is developed for the older child with little or no hockey experience and who are looking to advance his/her level of play. By focusing on the fundamental skills this program will provide the players with the foundation to develop their individual skills of skating, stickhandling, passing and shooting.

SPECIALTY CLINICS

DEFENCE SKILLS

AGES: 9 yrs & up

DATE	TIME	COST
Aug 11 - Aug 15 Houseleague	6:00 pm - 7:00 pm	\$129.00
Aug 11 - Aug 15 Rep	7:00 pm - 8:00 pm	\$129.00

This program is designed to enhance all the skills required to play this position proficiently. Our focus is to teach backward skating, transitional skills, gap control, pressure and containment, evasive puck handling moves, positioning and angling will be reviewed.

ULTIMATE SCORER

AGES	DATE	TIME	COST
7 - 13 yrs	Aug 18 - 22	6:00 pm - 7:00 pm	\$129.00

Specialized skills related to scoring, all shots, dekeing, shifting, patience and quick hands will be covered. Every player loves to score!

GIRLS HOCKEY DEVELOPMENT

AGES	DATE	TIME	COST
8 yrs & up	Aug 25 - 29	7:00 pm - 8:00 pm	\$129.00

This program provides the player with the opportunity to develop and improve their individual skills - skating, stickhandling, passing and shooting.

GOALTENDING FUNDAMENTALS

DATE	TIME	COST
Aug 18 - 22	5:30 pm - 7:30 pm	\$329.00
Aug 25 - Aug 29	5:30 pm - 7:30 pm	\$329.00

Under the direction of Greg Redquest this program will focus on fundamental skills - balance recovery, mobility, quickness, positioning and angle play. For all age groups.

ELITE GOALTENDING

AGES: 9 yrs & up

DATE	TIME	COST
July 28 - Aug 1	2:00 pm - 5:30 pm	\$359.00
Aug 5 - Aug 8	2:30 pm - 6:00 pm	\$289.00
Aug 11 - Aug 15	4:00 pm - 7:30 pm	\$359.00

- 2 hours on ice instruction • 1 hour dryland training

- Rep level players only (A, AA, AAA)

Under the direction of Greg Redquest the Elite Camp will focus on positioning, angles, glove and skate saves, recovery and reflex drills and rebound control. Greg is currently Goalie Coach for the Owen Sound Attack.

POWERSKATING PROGRAMS

This program is designed for the player striving for excellence on the ice. Skating is the most essential skill in hockey and is the building block that allows a player to effectively develop other skills. Under the direction of Debbie Booth. Full equipment is required.

POWERSKATING - INTRO

AGES: 8 yrs & up	DATE	TIME	COST
	Aug 25 - 29	5:00 pm - 6:00 pm	\$129.00

POWERSKATING - INTER/ADV

AGES: 8 yrs & up	DATE	TIME	COST
	Aug 25 - 29	6:00 pm - 7:00 pm	\$129.00

PRIVATE INSTRUCTION

(All prices are plus HST)

Half Hour Lessons

Individual Sessions	1 player	2 players	3 players
1 session	\$ 60.00	\$ 85.00	\$ 95.00
5 sessions	\$ 275.00	\$ 375.00	\$ 415.00
10 sessions	\$ 500.00	\$ 700.00	\$ 750.00
25 sessions	\$1125.00	\$1500.00	\$1690.00

One (1) Hour Lessons

Individual Sessions	1 player	2 players	3 players
1 session	\$ 119.00	\$ 170.00	\$ 185.00
5 sessions	\$ 550.00	\$ 750.00	\$ 825.00
10 sessions	\$1000.00	\$1400.00	\$1500.00
25 sessions	\$2250.00	\$3000.00	\$3375.00

Individual Sessions	4 - 6 players	7 - 10 players	Team
1 session	\$ 240.00	\$ 280.00	\$ 300.00
5 sessions	\$1050.00	\$1200.00	\$1475.00
10 sessions	\$1900.00	\$2250.00	\$2900.00
25 sessions	\$4375.00	\$5375.00	\$7125.00

WEEKLY SKILL DEVELOPMENT PROGRAMS

All programs are once a week for 7 weeks • Programs begin July 5, 2014

INITIATION TO SKATING: PRESCHOOL

AGES: 3 - 4 yrs Helmet and face mask are required.

DAY	TIME	COST
Saturday	10:30 am - 11:00 am	\$129.00
Sunday	10:00 am - 10:30 am	\$129.00

LEARN TO SKATE I

AGES: 4 - 6 yrs

DAY	TIME	COST
Saturday	9:30 am - 10:30 am	\$179.00
Sunday	9:00 am - 10:00 am	\$179.00

LEARN TO SKATE II

AGES: 5 yrs & up

DAY	TIME	COST
Saturday	11:00 am - 12:00 pm	\$179.00
Sunday	10:30 am - 11:30 am	\$179.00

SKATING DEVELOPMENT FOR YOUTH

AGES: 8 yrs & up

DAY	TIME	COST
Saturday	12:00 Pm - 1:00 pm	\$179.00

FIRST TIME HOCKEY

AGES: 4 - 7 yrs

DAY	TIME	COST
Saturday	9:00 am - 10:00 am	\$179.00
Sunday	9:30 am - 10:30 am	\$179.00

SKILLS AND DRILLS

AGES: 5 - 7 yrs

DAY	TIME	COST
Saturday	10:00 am - 11:00 am	\$179.00
Sunday	10:30 am - 11:30 am	\$179.00

JR. POWERSKATING AND PUCK CONTROL

AGES: 6 - 8 yrs

DAY	TIME	COST
Saturday	11:00 am - 12:00 pm	\$179.00

SKILLS IMPROVEMENT & 3 ON 3 HOCKEY

AGES: 6 - 8 yrs

DAY	TIME	COST
Saturday	12:00 pm - 1:30 pm	\$219.00
Sunday	11:30 am - 1:00 pm	\$219.00

DROP IN PROGRAMS

P.A. DAY HOCKEY SKILLS PROGRAM 2013/2014

• June 7 & 28, 2013

The P.A. Day Hockey Skills Development Program at the NTR has grown to become one of our main programs throughout the school year. On ice 9:00 am - 12:00 pm, off ice activities, lunch is provided. Drop off is 8:30 am, pickup is 4:30 pm. Cost \$69.00 per player plus applicable taxes.

PROFESSIONAL EXPERTISE

At National Training Rinks all of our training and instruction has been developed with the expertise of over 50 years of NHL and high level coaching and instructional experience.

Mike Gartner, NHL Hall of Famer and **Wes Jarvis**, retired NHL player, developed and expanded NTR's unique approach to hockey instruction from beginners to elite hockey players.

This tradition of quality instruction is available at our Barrie facility. Len Pieprzak is the Facility Manager and has been with National Training Rinks for the past 13 years.

PHILOSOPHY AND PROGRAMS

National Training Rinks delivers a unique, proven learning experience in programs from Learn to Skate to Elite specialized hockey development.

We strongly believe our unique rink design enables a higher degree of learning at all levels. Learning in a small environment creates faster/better skill development.

We are also committed to more personalized instruction which is achieved through **SMALLER CLASS SIZES**. Our programs have a maximum class size of 22 students. Smaller class size allows for more individual attention and greater repetition of drills.

For all skating programs a helmet with full facial protection (mask) is mandatory. All on ice participants are required to wear a helmet.

REGISTRATIONS & CANCELLATIONS

All registrations for our programs can be made in person or over the phone. In order to confirm any registrations, **payments must be received in full**. We accept cash, cheque, debit, visa or mastercard as methods of payment.

Credits can be provided for any cancellations made at least two weeks prior to the start of the specific class. Any credits issued can be used towards any NTR Barrie instructional program, private lesson, or ice rental (subject to availability and other NTR terms).

- **No refund or credit otherwise provided**
- **Refunds** are subject to an Administration fee equal to 10% of the registration price
- **Refunds** will not be issued after program has started
- **NSF cheques** will be subject to a \$25.00 service charge

Ice & Party Room Available
• Team Parties • Birthday Parties
Call 705.722.5752

Summer Programs 2014



National Training Rinks

**“Not Just
Another Arena”**

*All prices are
subject to applicable taxes.*

- Smaller Class Size
- Greater Individual Attention
- Low Student to Instructor Ratio
- Experienced Instructors
- More Involvement, More Fun!

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Expect Results!